

THE IMPORTANCE OF ORAL HABITS AND ITS IMPACT ON THE JAW-DENTAL SYSTEM

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ABSTRACT

Introduction

Whether poor habits and mouth breathing contribute to the etiopathogenesis of malocclusions is still up for dispute. Beyond this debate, the prognosis is significantly impacted anytime these issues are linked to malocclusion and need to be resolved to guarantee a functioning environment suitable for physiological development. Certain neuromuscular actions have an etiological purpose, whereas others are created to compensate for dent alveolar or skeletal abnormalities

Methods

The proposal was accepted by the authors' institute's Scientific and Ethical Committee following submission and review of the study protocol. The Declaration of Helsinki was adhered to in this investigation, meaning that before each child was included in the trial, their parents or legal guardians were fully informed about the study's design, goals, and anticipated benefits.

Results

Tooth decay (29%) were the major teeth problem, followed by tooth sensitivity (15%) and Gum diseases (12%).

Conclusion

Early dental interventions, the incidence of dental and skeletal complications caused by such oral habits can be reduced.

KEYWORDS: *Oral Habits, Jaw, Dental Diseases*

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